**Stepping Stones Counseling by Alicia Harris**

**PROFESSIONAL DISCLOSURE STATEMENT**

Alicia S. Harris, M.Ed., LPC Cell: 248-242-3295

EMDR Therapist aliciaharrisEMDR@gmail.com

206 N Main Street https://stepstonecounseling.com

Village of Clarkston, MI 48346

**DESCRIPTION OF YOUR PRACTICE**

Alicia combines EMDR Therapy with Internal Parts Work to help clients resolve traumas that have led to depression, anxiety, and PTSD. Alicia typically sees clients 1-2 times per week for 60 minutes. Common issues that are resolved through EMDR Therapy include past trauma, problems in relationships with family members and spouses/significant others, friends, or co-workers. Separation and divorce, depression, anxiety, job loss or dissatisfaction, and substance use are also common reasons clients seek counseling. Alicia currently works with adults and adolescents, ages 13 and up. This is an LGBTQIA-affirming practice.

**EDUCATION AND EXPERIENCE**

Alicia holds a Master of Education degree in Psychiatric Rehabilitation Counseling from The University of Maryland. While completing this 50 credit hour counseling program, Alicia was twice named a Rehabilitation Services Administration Scholar, and received a Maryland Senatorial Scholarship based on academic excellence. Alicia received a Bachelor of Arts degree from The University of Michigan.

Throughout her professional career, Alicia has served diverse populations. These include adults and children with serious and persistent mental illness, urban poor and Latino children and families, persons with physical and cognitive deficits, children on the Autism Spectrum, women and children experiencing domestic violence, and families referred to child protective services.

Alicia trained in EMDR Therapy at the Institute for Creative Mindfulness. She received Case Consultation from ICM founders and master trainers Amber Stiles-Bodnar and Dr. Jamie Marich. Alicia is well versed in Internal Parts, Dissociation, and Complex PTSD.

**FEES**

A 60 minute session is $150.00 for adults and $130.00 for children ages 13-17. Alicia takes a small number of private pay clients on a sliding scale due to economic hardship. This fee should be discussed with Alicia at your first session. Payment is made at the time of service. Alicia takes cash, checks, and Zelle. Appointments are scheduled directly with Alicia. You are expected to keep all scheduled appointments, as this time is saved for you.

**In the event you must cancel your appointment, 24 hours notice is required to avoid a Missed Appointment Fee of $125.00. It is expected that this fee will be paid by your next appointment.**

(Day of appointment emergencies will be addressed on a case-by-case basis, **but a phone call** **or text** **message** **prior to your appointment time is required to avoid the $125.00 fee!**)

As your Therapist, I encourage you to communicate your needs with me directly regarding any change in how you would like your therapy services delivered. However, as a consumer of mental health services in the State of Michigan, you are entitled to file a complaint with my licensing board. Send written complaints to the following location:

Michigan Department of Licensing and Regulatory Affairs

Bureau of Professional Licensing

Investigations & Inspections Division

PO Box 30670

Lansing, MI 48909

(517) 241-0205

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (print your name) agree to enter a

counseling relationship with Alicia Harris.

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Alicia S. Harris, M.Ed., LPC

EMDR Therapist

Licensed Professional Counseling ID/License Number: 6401222947